



VIRGINIA DUALS KIDS ROOKIE OPEN

(USA WRESTLING SANCTIONED)
Tournament of Champions Qualifier

JANUARY 14, 2024 (SUNDAY)

HAMPTON COLISEUM

1000 Coliseum Drive
HAMPTON, VIRGINIA 23666



- STYLE:** "FOLKSTYLE WITH 0-1 YEARS EXPERIENCE ONLY"
- FORMAT:** DOUBLE ELIMINATION. NO SEEDING, WRESTLEBACKS FOR TRUE SECOND. WRESTLING WILL BE CONDUCTED ON 5 MATS.
- DIVISIONS:** K-2: 40, 44, 48, 52, 56, 60, 64, 68, 72, AND OVER 72
3-5: 48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 105, AND OVER 105
6-8: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 145, 165, 185, OVER 185
- SCHEDULE:** START TIME IS 9:30 AM FOR ALL DIVISIONS AND WEIGHT CLASSES
- REGISTRATION & PAYMENT:** WWW.TRACKWRESTLING.COM
DEADLINE FOR REGISTRATION IS FRIDAY, 12 JAN 2023 BY 8:00 PM.
MUST BE PAID IN FULL (NO EXCEPTIONS) / ENSURE YOU REGISTER UNDER KIDS ROOKIE
- WEIGH-INS:** SATURDAY, 13 JAN 2024 EMBASSY SUITES (1700 COLISEUM DRIVE, HAMPTON, VA 23666)
3:00 PM to 6:00 PM WEIGH-INS & SKIN CHECKS FOR ALL AGE GROUPS
SUNDAY, 15 JAN 2023 AT THE HAMPTON COLISEUM 7:30 – 8:00 AM (EXTRA \$50 CHARGE)
*** WRESTLERS MUST WEAR A SINGLET TO WEIGH IN.
- WEIGHT CHANGES MUST BE CHANGED BEFORE 5 PM THURSDAY EVENING
(AFTER THAT, THERE WILL BE AN EXTRA \$20 CHARGE)
- ENTRY FEE:** \$35.00 FOR PARTICIPANTS
\$12.00 SPECTATOR ADMISSION FEE (Does not include Hampton Coliseum service charge)
- THIS IS A USAW WRESTLING EVENT. MUST HAVE AND PRESENT A USAW CARD TO PARTICIPATE
- AWARDS:** ALL K-2 MEDAL AND ALL OTHER DIVISIONS MEDAL 1ST- 6TH PLACE.
- CONCESSIONS:** WILL BE AVAILABLE (NO COOLERS WILL BE ALLOWED)
- HOTELS:** SPECIAL EVENT RATES [2024 VA Duals - Hotel Booking Site](#)
LINK ALSO AVAILABLE ON THE WEBSITE: [HTTPS://VIRGINIADUALS.MATTALKONLINE.COM](https://virginiaduals.mattalkonline.com)
- COACH FEE:** \$10.00; COACHES MUST HAVE A CURRENT USA COACHES CARD & PRESENT IT AT REGISTRATION; MUST HAVE A COACHES BAND TO GET ON THE FLOOR TO COACH
- SPECTATORS:** ANY INDIVIDUAL THAT IS NOT A COMPETITOR, COACH, OR ASSIGNED VOLUNTEER IS A SPECTATOR AND WILL NOT HAVE ACCESS TO THE FLOOR PER USA WRESTLING EVENT SANCTIONING RULES REQUIRING THE SAFE SPORT CERTIFICATION. ONLY EXCEPTION WILL BE IN THE EVENT OF AN EMERGENCY FOR THE PARENT OR GUARDIAN.
- TOURNAMENT DIRECTOR:** RODNEY GRAINGER, 757-286-7982 or vadualskids@aol.com
(ANY PARENT WILLING TO WORK TABLES WILL GET IN FREE.) BUT YOU NEED TO CONTACT ME ONE WEEK BEFORE THE TOURNAMENT SO WE CAN SCHEDULE YOU YOUR TABLE.